



STEPPING STONES
agencies

EMPOWERING ADULTS...CHERISHING CHILDREN

Stepping Stones Agencies Newsletter

JULY 2026

NOTE FROM A RESIDENT: "MY FUTURE IS MINE TO SHAPE"

"I've survived things I never thought I could. But beyond surviving, I've learned that I am capable of thriving. My strength isn't just in what I've endured—it's in my ability to feel deeply, love fully, and keep going even when the road is hard. I don't need anyone else to tell me I'm strong. I know I am. My future is mine to shape. No one else is responsible for my healing, my happiness, or my growth. And while that responsibility can be heavy, it is also sacred. I get to choose how I live,

how I love, and how I rise. These lessons are not just reflections—they are my truth. They are the foundation I now stand on as I step forward into my life, one choice at a time. I am not the same person who walked into Stepping Stones. I am wiser, stronger, and more grounded in who I am, what I'm capable of, and what I am worth."

If you or someone you know needs support because of domestic violence and other abuse, call our 24/7 Helpline at 928-445-4673.



HELPING FAMILIES FIND INDEPENDENCE AGAIN



At Stepping Stones, advocates are available to help support families day and night, and you are a part of making that possible! Because of your donations for shelter, shopping at our thrift store, and supporting Stepping Stones with your AZ tax credit donations, families are able to find safety and healing with shelter and advocacy support.

If you want to learn more about our current shelter wishlist, make a AZ tax credit donation, or volunteer with us, contact Alexis at 928-772-4184 or email at alexis@steppingstonesaz.org. Thank you!

**2651 N. INDUSTRIAL WAY, SUITE A
PRESCOTT VALLEY, AZ • 928-772-4184**

**STEPPING STONES THRIFT STORE: 928-499-3260
DONATION PICK-UP: 928-759-0225**

**ADVOCATES AVAILABLE
ON OUR 24/7/365
HELPLINE 928-445-4673**

WWW.STEPPINGSTONESAZ.ORG

STEPPING STONES' BOOK OF THE MONTH

Each month we'll feature a book or item from our 12-step recovery and inspirational bookstore! These items will be available for purchase inside our Administration Office in Prescott Valley located at: 2651 N. Industrial Way, Suite A, Prescott Valley 86314. Open Mon - Thurs 9 am - 4 pm, and Friday by appointment. Call Savannah at 928-772-4184 to learn more.

THE DILEMMA OF THE ALCOHOLIC MARRIAGE

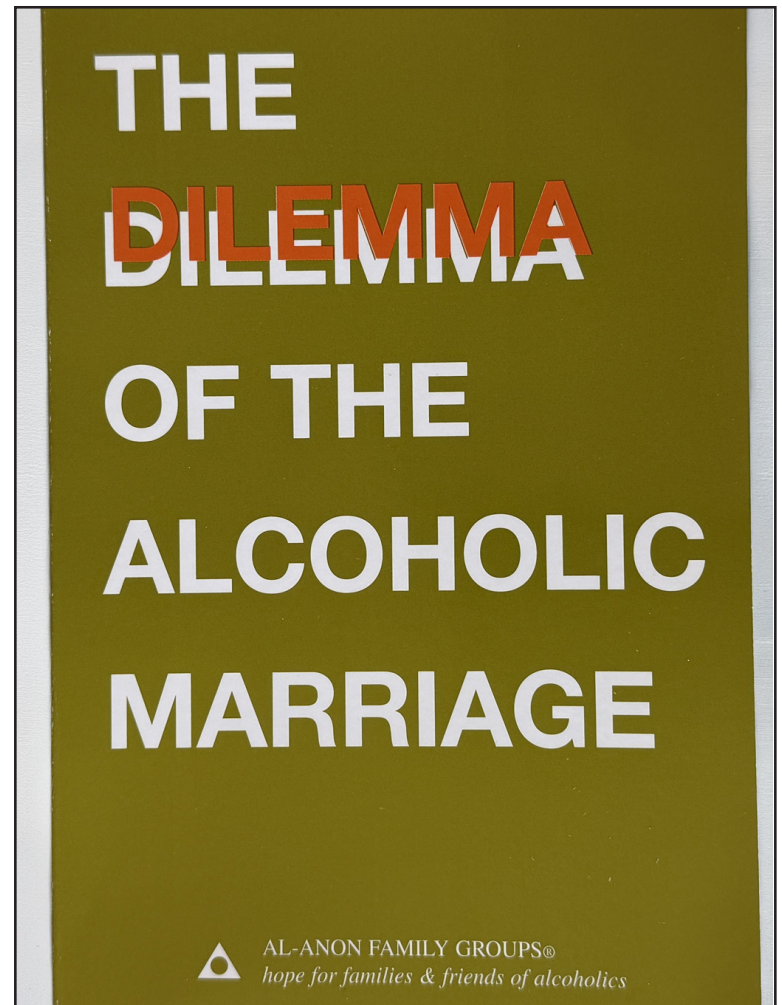
BY AL-ANON FAMILY GROUPS

"Each of us is responsible to himself and for himself. As the cofounder of Al-Anon has said, 'We can't get into someone else's head and turn the wheels that will make him behave in the way we think is right.

Applied to the close personal relationship of marriage, this gives each partner freedom to be himself, to strive for a good adjustment to life in his or her own way." - pg. 4

The Dilemma of the Alcoholic Marriage by Al-Anon Family Groups is a short book highlighting the challenges like communication, intimacy, and ways to apply the 12-steps to marriage problems.

This book is available for purchase in our 12-Step Recovery Bookstore for \$12.50 located inside our office at 2651 N. Industrial Way in Prescott Valley. Questions? Please contact Savannah at 928-772-4184.



LOOKING FOR OTHER 12-STEP RECOVERY AND SUPPORT GROUP MEDALLIONS, BOOKS, GIFTS, AND MORE? CALL US - 928-772-4184



STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Stepping Stones Agencies prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Stepping Stones must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, Stepping Stones Agencies must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that Stepping Stones Agencies will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact: Cori Burke at 928.772.4184. Para obtener este documento en otro formato o obtener información adicional sobre esta política, por favor llamar a Cori Burke, 928.772.4184