



### **“AN OVERWHELMING SENSE OF FREEDOM AND HOPE”**

*“This program was so incredible for me. There is a genuine and overwhelming sense of freedom and hope in me now. Stepping Stones advocates were instrumental in helping me become who I’m meant to be. They gave me tools that helped me see what my life will be like as I focus on healing my own hurts. I am grateful.”*

*- D., former resident*

Adults who come to Stepping Stones are often experiencing extreme, heartbreaking crisis in their lives. They have lost hope in their relationships and themselves

because of the ongoing abuse. Finding hope includes rebuilding confidence and redefining life beyond the trauma and crisis. It is a part of the story, but it doesn’t have to be the whole story. With therapeutic and educational support, community resources, and one-on-one debriefing, these families are able to create the lives they want and truly live free from all forms of abuse.

If you or someone you know needs support because of domestic violence and other forms of abuse, call our 24/7 Helpline at 928-445-4673.



### **LIVING A LIFE OF SAFETY AND HOPE**



For families who come to Stepping Stones for safety, it often takes time for them to feel like they are hopeful about their lives again. As they work with our advocates and live in a safe environment, they begin to rediscover that hope and take steps toward the life they want to live with their children. Adults complete an anonymous survey upon exit to provide feedback. From January 1 through March, 31, 2026:

100% reported they have increased knowledge of domestic violence and its effect on their life.

100% reported they are regaining control in their life.

100% reported they feel their safety has improved, even after leaving Stepping Stones.

100% reported they felt confident they would remain free from abuse after leaving Stepping Stones.

100% reported they are completing their goals.

**2651 N. INDUSTRIAL WAY, SUITE A  
PRESCOTT VALLEY, AZ • 928-772-4184**

**STEPPING STONES THRIFT STORE: 928-499-3260  
DONATION PICK-UP: 928-759-0225**

**ADVOCATES AVAILABLE  
ON OUR 24/7/365  
HELPLINE 928-445-4673**

**WWW.STEPPINGSTONESAZ.ORG**

TheDailyCourier

# 2026 READERS' CHOICE AWARDS



## BEST THRIFT STORE

SCAN QR CODE TO  
CAST YOUR VOTE  
APRIL 27-MAY 22



[@DailyCourierChoice.com](https://www.dailycourierchoice.com)

## CAST YOUR VOTE FOR 2026 READERS' CHOICE AWARDS!

Stepping Stones Thrift Store is in the running again this year for Best Thrift Store in The Daily Courier's Readers' Choice Awards.

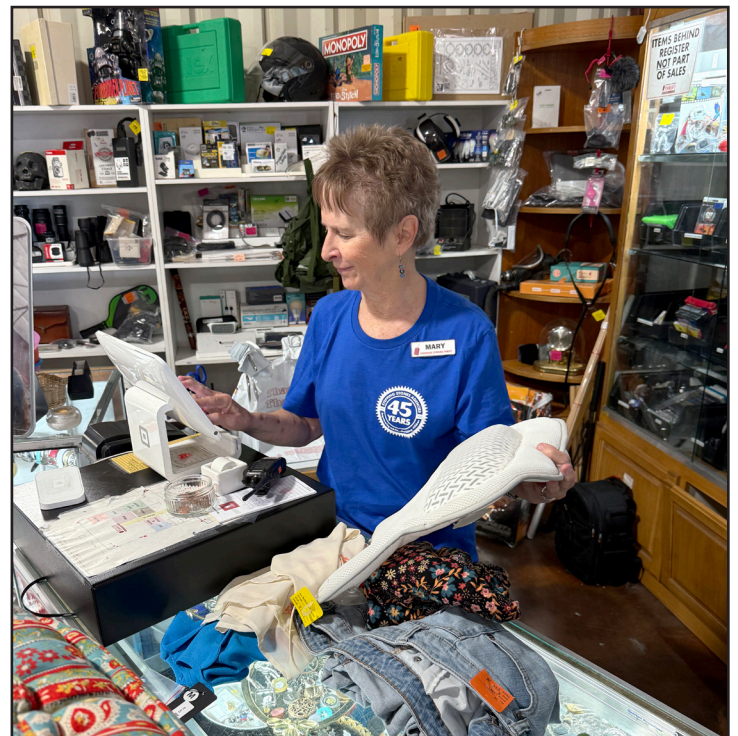
We need your help to win for our 9th YEAR! Scan the QR code with your phone to be taken directly to our voting page or [dailycourierchoice.com](https://www.dailycourierchoice.com), go to Local Shopping, and find us under Best Thrift. You only have to vote ONCE and you can only vote once per category. Voting ends May 22, so head on over today!

Thank you for supporting local families by shopping and donating with us. We are grateful to serve our community in so many ways, thanks to you!

## SHARING HOPE THROUGH VOLUNTEER SERVICE

*"I chose to give back because I wanted to feel like I was doing something. I wanted to work behind the curtains and be a part of something bigger. I wanted to do more for these families that are in danger of domestic violence. I know how real these things are, and I wanted to help stop that. One of the best experiences volunteering at the thrift store was the kindness of everyone and the friends I made. We were all there working for the same purpose. It's our job to make the world a better place!" - Jen, SSA volunteer*

Volunteering at Stepping Stones gives you the opportunity to make a difference in our community by sharing your skills and time across the agency. At our thrift store, volunteers help sort and put items on the shelves, cashier, help with receiving donations, and so much more! In our office and shelter, volunteers help answer phones, enter data, organize files, and even grocery shop for shelter! We are so grateful for the MANY ways volunteers support families with us, and we couldn't do it without them! If you want to learn more about volunteering, contact Khrystyna at 928-772-4184.



*Volunteers share their time and talents across Stepping Stones' advocacy services, thrift store, and administration office. If you'd like to volunteer, contact Khrystyna at 928-772-4184 to learn more.*

**STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673**

**CELEBRATING YOU THIS MAY:  
CUSTOMER APPRECIATION DAY AND A RAFFLE!**



**CUSTOMER  
APPRECIATION  
DAY**

**FRIDAY, MAY 15  
9AM - 5PM**

**DISCOUNTS, GAMES,  
SNACKS, AND FUN!**



2651 N. Industrial Way in Prescott Valley  
928-499-3206 - [www.SteppingStonesAZ.org](http://www.SteppingStonesAZ.org)



**RAFFLE**



**PARBIKES  
QUADRICYCLE  
E-BIKE WITH  
CANOPY**

ESTIMATED RETAIL VALUE: \$9,000

**TICKETS AVAILABLE  
APRIL 6 - MAY 15, 2026**

1 TICKET FOR \$5 OR 3 TICKETS FOR \$10  
PURCHASE FROM A CASHIER

# STEPPING STONES' BOOK OF THE MONTH

Each month we'll feature a book or item from our 12-step recovery and inspirational bookstore! These items will be available for purchase inside our Administration Office in Prescott Valley located at: 2651 N. Industrial Way, Suite A, Prescott Valley 86314. Open Mon - Thurs 9 am - 4 pm, and Friday by appointment. Call Savannah at 928-772-4184 to learn more.

## A BALANCED LIFE

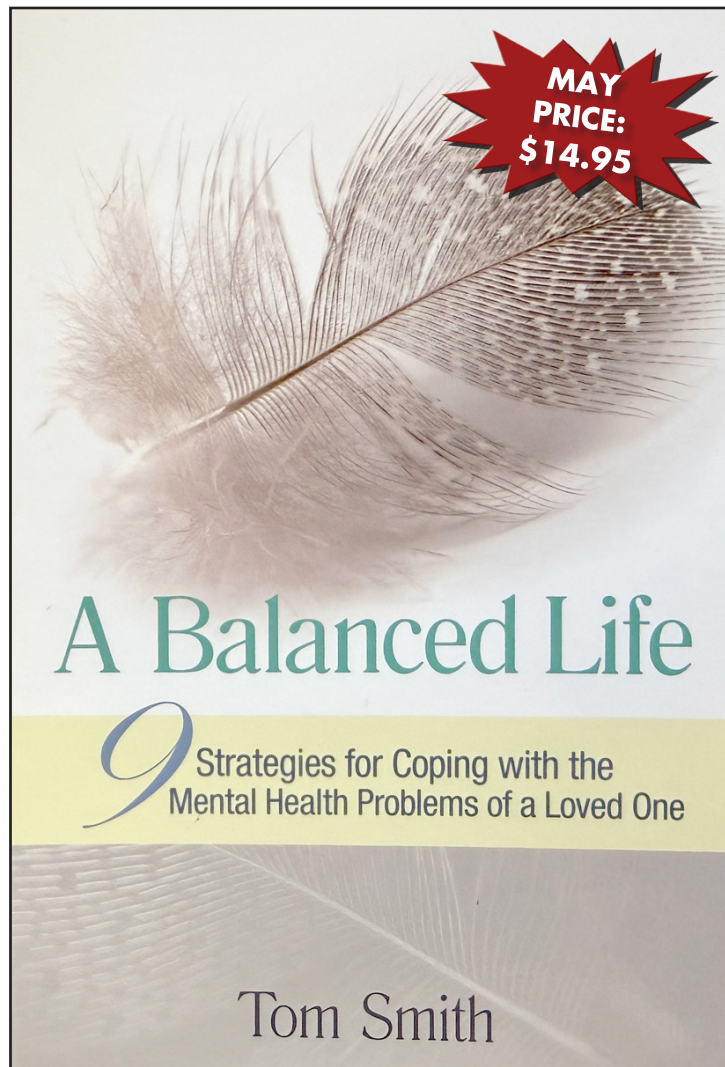
### 9 STRATEGIES FOR COPING WITH MENTAL HEALTH PROBLEMS OF LOVED ONES

BY TOM SMITH

*"Family and friends are often confused, angry, and frustrated by the behavior of their loved ones. Even if counseling and treatment are underway, and family members have learned some basics about the illness, they may have no idea how to apply that knowledge. . . . The nine strategies offer guidance on how to support the loved one and what to expect from him or her. Living with and responding to a person with a mental disorder often leads to emotion chaos. We may need to learn some new approaches."* - pg. 6

A Balanced Life by Tom Smith not only offers strategies to help navigate life with mental health problems, but stories of hope for those family members trying to navigate supporting their loved one. This book offers practical tips along with inspiration for extra challenging times.

This book is available for purchase in our 12-Step Recovery Bookstore for \$14.95 located inside our office at 2651 N. Industrial Way in Prescott Valley. Questions? Please contact Savannah at 928-772-4184.



## LOOKING FOR OTHER 12-STEP RECOVERY AND SUPPORT GROUP MEDALLIONS, BOOKS, GIFTS, AND MORE? CALL US - 928-772-4184



## STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Stepping Stones Agencies prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Stepping Stones must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, Stepping Stones Agencies must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that Stepping Stones Agencies will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact: Cori Burke at 928.772.4184. Para obtener este documento en otro formato o obtener información adicional sobre esta política, por favor llamar a Cori Burke, 928.772.4184