



## YOU AREN'T ALONE WHEN SAYING NO MORE TO ABUSE

You are ABSOLUTELY not alone. For 46 years, 24/365, Stepping Stones advocates have answered our "live" helpline taking over 2,000 calls per year. There is a lot that goes into the services we provide from advocates, shelter buildings, funding, but most importantly, this work takes a philosophy of tolerance, unconditional acceptance, and rigorous honesty. It also means that we advocates have to take care of ourselves first. It takes our own self-inventory and ability to find humility and grace in the experience with the caller on the line. Then, we can share our own experience, strength, and hope.

### WHAT WE HOPE FOR OUR CALLERS:

- They hear tolerance, unconditional acceptance, and rigorous honesty that will, at the right moment, help them to experience their "moment of clarity." They can then take action to make decisions that will help them and their children live free from all forms of future victimization.
- They find serenity, safety, and strength in the voice at the other end of the line. When they hang up they feel heard,

treated with respect and dignity, and know the grace of new found fellowship.

### WHAT WE HOPE FOR OUR ADVOCATES:

- We experience each call with freshness and see each caller as they are, where they are, and not who we want them to be or do.
- We are able to hear through the hostility, fear, anxiety, or even humor - and really hear the pain and suffering the person on the line is experiencing.
- We stay clear on our purpose. Our job is not to fix people, but to be with them and help them to become empowered enough to take action.
- We feel honored for the opportunity to serve these adults and children who are looking for relief from the tragedy of family violence in all forms.

You are not alone. We will be here 24/7/365. If you or someone you know needs support because of domestic violence and other forms of abuse, call our 24/7 Helpline at 928-445-4673.



## ADVOCATE SUPPORT AND RESOURCES

SSA advocates are available day and night to provide support and safety. Adults complete an anonymous survey upon exit to provide feedback. Outcomes reported from January 1 - December 31, 2025 include:

96% reported they have increased knowledge of domestic violence and its effect on their life.

100% reported they know how to access resources for their emotional and safety needs.

100% reported the advocates were available and helpful when they needed assistance.

2651 N. INDUSTRIAL WAY, SUITE A  
PRESCOTT VALLEY, AZ • 928-772-4184

STEPPING STONES THRIFT STORE: 928-499-3260  
DONATION PICK-UP: 928-759-0225

ADVOCATES AVAILABLE  
ON OUR 24/7/365  
HELPLINE 928-445-4673

WWW.STEPPINGSTONESAZ.ORG

# THRIFT DISCOUNT DAYS ARE HERE!



STEPPING STONES  
**THRIFT**  
YOUR GIVING GIVES BACK!

## DISCOUNT DAYS

### FIRST WEDNESDAY OF THE MONTH

20% OFF FOR SENIORS (55+)

### FIRST THURSDAY OF THE MONTH

20% OFF FOR MILITARY, VETERANS, AND FIRST RESPONDERS (ID REQUIRED)



## YOUR SUPPORT HELPS LOCAL FAMILIES SAY "NO MORE" TO ABUSE

There's just a little time left to give a 2025 Arizona Qualified Charitable Organization tax credit donation! You can give a donation until April 15, 2026 and still claim it on your 2025 Arizona state tax return. Arizona offers a dollar-for-dollar tax credit on your AZ state return by making a monetary donation to a qualified charitable organization of any amount (NEW for 2025 - give up to \$495 filing single or \$987 filing joint). Learn more about tax credits: <https://azdor.gov/tax-credits/credits-contributions-qcos-and-qfcos>.

To give, visit [www.SteppingStonesAZ.org/Donate](http://www.SteppingStonesAZ.org/Donate).

*Please check with your tax professional for info regarding donations for your specific tax situation. You can also learn more about the tax credit by visiting [azdor.gov](http://azdor.gov). Stepping Stones' official Qualifying Charitable Tax Credit code from the State of Arizona is: 20034.*

## STEPPING STONES' BOOK OF THE MONTH

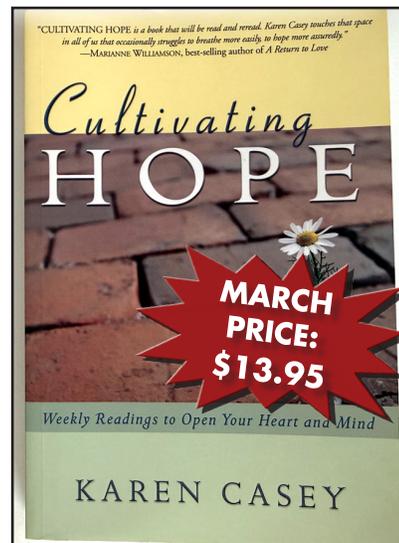
Each month we'll feature a book or item from our 12-step recovery and inspirational bookstore! These items will be available for purchase inside our Administration Office in Prescott Valley located at: 2651 N. Industrial Way, Suite A, Prescott Valley 86314. Open Mon - Thurs 9 am - 4 pm, and Friday by appointment. Call Savannah at 928-772-4184 to learn more.

### CULTIVATING HOPE

WEEKLY READINGS TO OPEN YOUR HEART AND MIND  
BY KAREN CASEY

*"Deciding to be hopeful will influence every experience we encounter. That doesn't mean troubling circumstances will never happen; rather, it means we will face them with an open heart and a faith that God is present to help us handle them." - pg 92*

Cultivating Hope by Karen Casey offers up monthly chapters and weekly readings to inspire and cultivate hope in your life. Each chapter offers up stories and suggestions for cultivating hope including journaling activities. This book is available for purchase in our 12-Step Recovery Bookstore for \$13.95 located inside our office at 2651 N. Industrial Way in Prescott Valley. Questions? Please contact Savannah at 928-772-4184.



STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673