

EMPOWERING ADULTS...CHERISHING CHILDREN

Stepping Stones Agencies Newsletter

APRIL 2024

MAKING A DIFFERENCE THROUGH MENTOR SERVICE

Stepping Stones advocacy services provide support for hundreds of families each year as they work hard to live free from abuse. As the adults receiving support continue to take steps forward, they often want to support others who are walking the same path.

What we know after 44 years of service is that some of the best support an adult can receive comes from those who truly understand experiencing what thev are because they've been there before. Because of this, residents in our transitional housing also serve as mentor advocates. A mentor advocate helps provide support on our shelter campus by welcoming and answering questions for new residents, as well as helping advocates with

phone calls and educational support groups.

Mentor advocates are able to give back and serve by offering their own experience, strength, and hope for the families who are just starting to take steps toward lives free from abuse. One mentor shared:

"When I first came to Stepping Stones, I met Sarah* within my first hour at shelter. She had been there for 6 months. We started talking about living at shelter and her story sounded a lot like mine. I felt like someone understood me and got what had happened in my life. That conversation helped me feel better and less scared to be in shelter. Now, I get to be someone else's 'Sarah' by sharing and supporting them when they



come to shelter. It makes a big difference."

If you or someone else needs support because of domestic violence or other forms of abuse, please call our 24/7/365 Helpline and speak with our advocates - 928-445-4673.

*name changed

SUPPORT FROM LOCAL SERVICES FOR FAMILIES



Families find support day and night through Stepping Stones' 24/7/365 Helpline: 928-445-4673

At Stepping Stones, supportive fellowship, connections to resources, and supportive one-on-one support all play a role in helping adults find freedom from abuse. Adults complete an anonymous survey upon exit to provide feedback. From October 1 through December 21, 2023, they reported:

100% reported they are (re)gaining control of their lives.

100% reported they felt safe and believed at shelter.

100% reported they feel secure with their connections to local resources and know how to access them.

100% reported they felt confident they would be free from abuse even after leaving Stepping Stones.

2651 N. INDUSTRIAL WAY, SUITE A PRESCOTT VALLEY, AZ • 928-772-4184

STEPPING STONES THRIFT STORE: 928-499-3260 DONATION PICK-UP: 928-759-0225

ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928-445-4673

WWW.STEPPINGSTONESAZ.ORG

GIVING BACK THROUGH VOLUNTEER SERVICE

Do you love crafts or are an avid sewer? Do you always have your nose in a book and know a good one when you see it? Or maybe you are a fashionista and can spot a quality shirt from a mile away?

We could use you in our thrift store as a volunteer! Our awesome team of volunteers help throughout our store sorting and check items like books, games, clothing, dvds/cds, and so much more. They also help by putting items out on the floor for our customers to browse.

If you are interested in getting involved and learning more about Stepping Stones, please call Traci, our Volunteer Coordinator, at 928-772-4184. We'd love to have you as a part of our team!





Volunteers at Stepping Stones help throughout our agency! If you want to give back and volunteer with us, please call Traci at 928-772-4184. Above: Volunteer helps by checking and stocking puzzles in our book area. Left: Volunteers help by checking craft supplies like fabric, and others stop by for a quick clean up!

SERVING THE COMMUNITY WITH FINANCIAL SUPPORT

It's your last opportunity to give a Qualified Charitable Organization tax credit donation for your 2023 Arizona state taxes! Give a donation by April 15, 2024, and you can receive a dollar-for-dollar tax credit when you file your 2023 state taxes.

Arizona offers a dollar-for-dollar tax credit on your AZ state return by making a monetary donation to a qualified charitable organization of any amount (NEW for 2023 - give up to \$421 filing single or \$841 filing joint). When you claim the credit using Arizona form 321, you will reduce your tax liability or increase the amount you receive in a refund.

To give, visit www.SteppingStonesAZ.org/Donate.

Please check with your tax professional for information regarding donations for your specific tax situation. You can also learn more about the tax credit by visiting azdor.gov. Stepping Stones' official Qualifying Charitable Tax Credit code from the State of Arizona is: 20034.



NOTES FROM OUR VOLUNTEERS: "THANK YOU FOR THE OPPORTUNITY TO BE OF SERVICE"

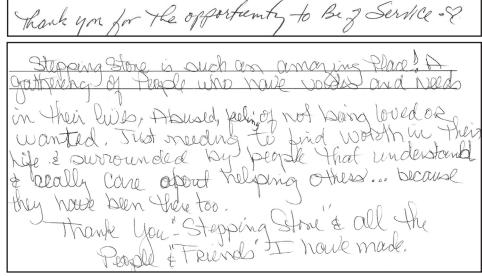
Stepping Stones' 24/7/365 advocacy services, safe shelter, and social enterprises could not operate without the amazing support of our friends who volunteer and give back every

single day.

Volunteers help in so many ways from stocking the shelves in the thrift store (knowing it is a never-ending process!) to helping advocates by making information packets and filing paperwork. We are so grateful for the time and talents our volunteers bring to our organization. Check out a few notes from them about why they love being here!



Volunteers help put items out on the shelves and racks for customers to shop from seasonal holiday to clothing to books and more!





Ederyove is friendly and live while many. They make

dimude me a better boom, wim me a chance to mile to others, their to amile-enjoy life!

Customers tell me all the time that this is their Eavorite store they donate only have the store is clean and displayed tavorably, they thank me For voluntaming, they love that the months upports a local shift, they appreciate the halp Folness of the staff many are gratefy that we don't take pets anymore.

STEPPING STONES' BOOKS OF THE MONTH: BILL W.

Each month we'll feature a book or item from our 12-step recovery and inspirational bookstore! These items will be available for purchase inside our Administration Office in Prescott Valley located at: 2651 N. Industrial Way, Suite A, Prescott Valley 86314. Open Mon - Thurs 9 am - 4 pm, and Friday by appointment.

Call Savannah at 928-772-4184 to learn more.

BILL W.

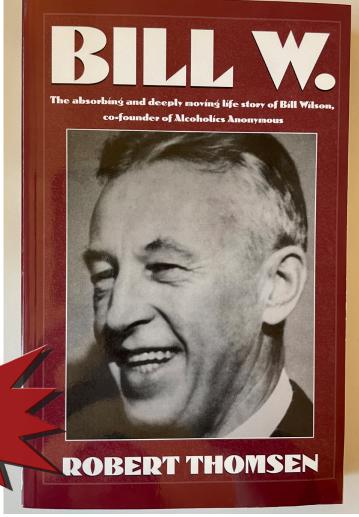
BY ROBERT THOMSEN

is a biography about disclose in a general way the life story of Bill what we used to be like, Wilson, the co-founder what happened, and what of Alcoholics Anonymous. Bill's story includes his describes the story of Bill dependence on alcohol and the moment of insight odyssey through triumph, that saved him.

addictions, Alcoholics Anonymous began meeting of Bill W. and Dr. Bob. Their own growth and development led to a fellowship for millions of people who face addiction. Highlighting the importance of what the meetings provide, "Every night at Alcoholics Anonymous meetings around the world, a

Bill W. by Robert Thomsen speaker says, 'Our stories we are like now.' This W., a stirring spiritual failure, and rebirth, with What is now a global vital meaning for men support for people with and women everywhere." This book is available in for purchase in our 12-1935 in Ohio through the Step Recovery Bookstore located inside our office at 2651 N. Industrial Way in Prescott Valley.





LOOKING FOR OTHER 12-STEP RECOVERY AND SUPPORT **GROUP MEDALLIONS, BOOKS, GIFTS, AND MORE?**

STOP BY OUR BOOKSTORE LOCATED AT 2651 N. INDUSTRIAL WAY, SUITE A (INSIDE OUR ADMINISTRATION OFFICE!) **QUESTIONS? CALL SAVANNAH AT 928-772-4184**

STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Stepping Stones Agencies prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Stepping Stones must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, Stepping Stones Agencies must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that Stepping Stones Agencies will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact: Cori Burke at 928.772.4184. Para obtener este documento en otro formato o obtener información adicional sobre esta política, por favor llamar a Cori Burke, 928.772.4184