



EMPOWERING ADULTS...CHERISHING CHILDREN

Stepping Stones Agencies Newsletter

DECEMBER 2023



SPEAK UP AND BREAK THE SILENCE THIS DECEMBER

2023 is coming to an end, and we are proud of the hard work nearly 200 families (so far!) have done to find freedom from abuse with us this year. Because of their bravery and courage to speak up, our advocates have been able to help them take the next steps to a life without violence and other victimization.

Take a look at a few reflections from families who have received services in 2023. Celebrate their accomplishments and hard work to change their lives!



"I believe the program helped me get away from my abusive husband, file any legal stuff, helped me work a 12-step program, get temporary AND permanent housing. But most of all, gave me a safe place to stay while moving forward from abuse."





















"At times I wanted to not face things, and the advocates helped motivate me. The education groups felt safe and knowledge/fact driven. And the legal advocate was extremely helpful."

"Stepping Stones has completely changed my life. I feel safe and heard. I've learned new skills to keep my son and I safe, and my mental well-being in check. I love it here and all my mentors. They go above and beyond to be here for us and I'm lucky and thankful for them."



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"my experience has been so amazing. I am so grateful to have been blessed with such helpful resources and acceptance. It is so refreshing to be able to have someone who understands my position. I felt so helpless and now I feel like I actually have a chance to get out of my nightmare and move forward, support my kids."

WILL SANTA REMEMBER ME? **HOLIDAY SUPPORT FOR FAMILIES IN SHELTER**

Imagine moving into a strange place with your mom and wondering if Santa is going to find you this year. But when you come out of your bedroom on Christmas morning, you see gifts under the tree with your name on them.

because you were remembered. The holidays can be a difficult time to be living in shelter, away from typical traditions and comforts. Sometimes the holidays are full of

negative and stressful memories.

Joy and excitement fills the room But, no matter what, families are remembered each holiday season at Stepping Stones because of our awesome community.

> If you would like to get involved this holiday season and support families in their journey to freedom from abuse, we have some ideas for you! Gift cards for Walmart, grocery stores, or other similar stores are a great way to help families create the holiday season they want to experience. These gift cards allow parents to shop for their kids and pick out special items to celebrate together.

> If you want to be a part of this year's celebration, please contact Cori at cori@steppingstonesaz.org or call 928-772-4184.

> Thank you for helping bring joy to families in shelter this holiday season by remembering them. We are grateful for you!



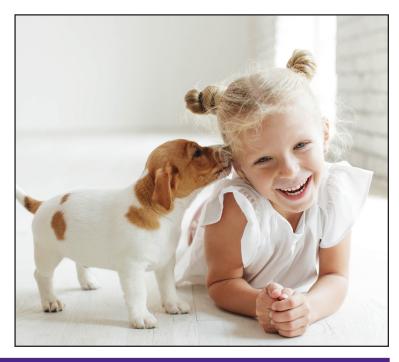
SHARE HOPE WITH FAMILIES THROUGH A 2023 TAX CREDIT DONATION

"Stepping Stones has been a complete miracle. In my darkest point, Stepping Stones was the light. The advocacy here is amazing. I have been given a voice and felt heard. I've never had this before." - Sarah

There is still time to give a 2023 Qualifying Charitable Organization Tax Credit donation to Stepping Stones and support families like Sarah as they do the hard work to live free from abuse.

Arizona offers a dollar-for-dollar tax credit on your AZ state return by making a monetary donation to a qualified charitable organization of any amount (NEW for 2023 give up to \$421 filing single or \$841 filing joint). When you claim the credit using Arizona form 321, you will reduce your tax liability or increase the amount you receive in a refund. To give, visit www.SteppingStonesAZ.org/Donate.

Please check with your tax professional for information regarding donations for your specific tax situation. You can also learn more about the tax credit by visiting azdor. gov. Stepping Stones' official Qualifying Charitable Tax Credit code from the State of Arizona is:





THANK YOU FOR CELEBRATING 25 YEARS WITH US!

Thank you for joining us in 2023 to celebrate 25 years of treasures, donations, events, and fun at Stepping Stones Thrift Store!

We hope you've had a chance to come by, shop, and earn a 25th Anniversary scratch coupon that is good to use until March 30, 2024! There's only a small amount left, so stop by

Thank you for joining and earn a coupon before us in 2023 to celebrate they are gone!

But more than anything, thank you for ensuring that our lights are on and the doors stay open for our 24/7/365 advocacy services and safe shelter. Local families are safe because of your support at Stepping Stones Thrift. We couldn't do it without you!





















HOLIDAY HOURS - BE SURE TO MARK YOUR CALENDARS!

24/7/365 ADVOCACY SERVICES NEVER CLOSE!

Advocates available day and night on our Helpline at: 928-445-4673.

STEPPING STONES THRIFT STORE

CLOSED: Sunday, Dec 24 and Monday, Dec 25 CLOSED: Sunday, Dec 31 and Monday, Jan 1

- Will reopen Tues, Dec 26
- Will reopen Tues, Jan 2

ADMINISTRATION OFFICE

CLOSED: Week of Dec 25 through Jan 1 - Limited availability by appointment only.

PICK UP/DELIVERIES: Limited during holiday weeks, call 928-759-0225 for scheduling and information.



GIVE THOUGHTFULLY SUPPORT LOCALLY

Buy one card, give two gifts!

Give a gift card to your favorite treasure hunter AND give a safe, peaceful holiday to families who live at Stepping Stones' 24/7/365 safe home for the holidays.

Gift cards available at Stepping Stones Thrift Store in Prescott Valley.

STEPPING STONES' BOOKS OF THE MONTH: STORM WITHIN THE SHELTER & DAYS OF HEALING DAYS OF JOY

Each month we'll feature a book or item from our 12-step recovery and inspirational bookstore! These items will be available for purchase inside our Administration Office in Prescott Valley located at:

2651 N. Industrial Way, Suite A, Prescott Valley 86314. Open Mon - Thurs 9 am - 4 pm, and Friday by appointment.

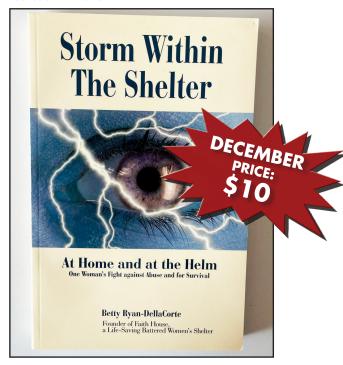
Call Savannah at 928-772-4184 to learn more.

STORM WITHIN THE SHELTER BY BETTY DELLACORTE FOUNDER OF FAITH HOUSE

Storm Within the Shelter is Faith House founder Betty DellaCorte's honest account of how she surfaced from the depths of despair as a victim of abuse, to pioneering a movement that has brought safety and awareness to thousands around the country.

Betty unveils her experiences with sometimes unrecognizable forms of abuse, and how she found recovery in a program she shared with others, pioneering the first shelter for abused women in the country.

Betty says, "With this book I hope to show that one must be prepared at all times to recognize various forms of abuse and know that they can survive anything - especially if they keep the faith and believe that power higher than themselves can restore them to sanity."



DAYS OF HEALING DAYS OF JOY

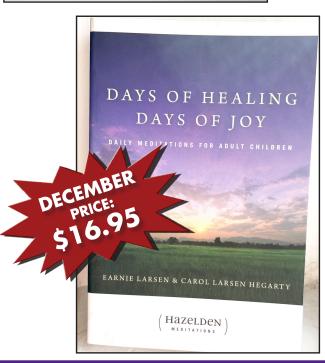
DAILY MEDITATIONS FOR ADULT CHILDREN HAZELDEN PUBLISHING

Days of Healing Days of Joy is a daily meditation book written to support adult children of alcoholics or addicts. Each day includes quotes, meditations, and closing thoughts to help heal, inspire, and support the reader. One reflection shares:

"Real joy comes not from ease or riches or praise of men, but from doing something worthwhile. - W. T. Grenfell

Joy is a secondary effect of a primary action. When we create an environment that supports and encourages someone else, we find joy in the doing."

This book is a great daily meditation for anyone looking for a daily dose of inspiration.



STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Stepping Stones Agencies prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Stepping Stones must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, Stepping Stones Agencies must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that Stepping Stones Agencies will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact: Cori Burke at 928.772.4184. Para obtener este documento en otro formato o obtener información adicional sobre esta política, por favor llamar a Cori Burke, 928.772.4184