

## NOVEMBER IS GRATITUDE SEASON



*“Safe. Informative. Supportive. Comfort. Educational. I am grateful for the all help we have received.”*

*“I will be forever grateful to Stepping Stones. I do believe Stepping Stones saved my life.”*

*“I am so grateful for the skills I learned for life.”*

These notes are just a few of voices of gratitude we’ve heard over the years in our 24/7/365 services. These adults have done the challenging work to find freedom from the abuse they experienced, while learning and growing to live better lives for themselves and their children. With new tools, resources, and support, families are able to take steps forward and know they can live full lives. If you or someone you know needs support because of domestic violence and other abuse, call our 24/7/365 helpline at 928-445-4673.

## GRATEFUL FOR SAFETY AND FREEDOM FROM ABUSE

Families who do the hard work to find freedom from abuse often share stories of gratitude. Gratitude for a safe place where they can finally breath, for new tools they can use to navigate the challenges of life, and that they found support when they needed it. And we are grateful that our advocates can be that support, day and night. Adults complete an anonymous survey upon exit to provide feedback. From July 1 - September 30, 2023:

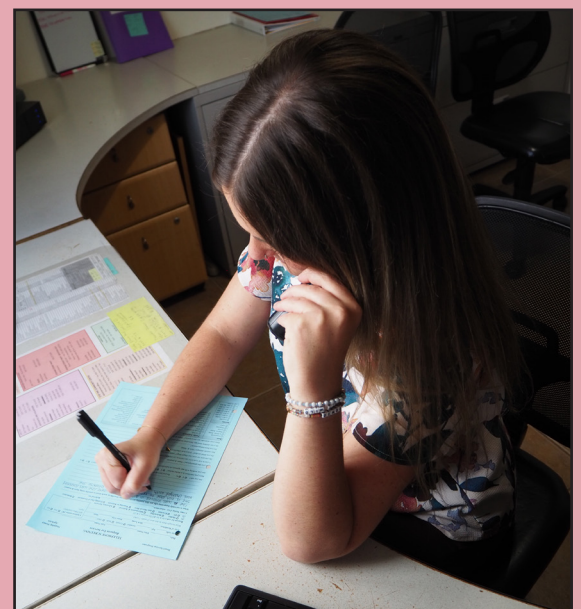
90% reported they are (re)gaining control of their lives.

100% reported their safety improved even after leaving SSA

100% reported they know how to plan for their continued safety.

90% reported they are confident they will remain free from abuse, even after leaving Stepping Stones.

100% reported their child demonstrates improved emotional/behavioral status over their time at SSA.



Stepping Stones advocates are available day and night on our helpline: 928-445-4673.



# 'TIS THE SEASON FOR GRATITUDE AND GIVING BACK

## GRATEFUL FOR SHOPPING, DONATING, AND 25 YEARS OF FUN AT STEPPING STONES THRIFT

For 25 years, Stepping Stones Thrift Store has been a place to find special treasures at great prices. Opening in 1998, Stepping Stones Thrift began as a small, one room store and has grown to the large warehouse we now have in 2023 providing important proceeds to support our 24/7/365 advocacy services and safe shelter for local families.

We know that we wouldn't be here without the support of our awesome community, and we want to celebrate with you! Through the end of the year (or while supplies last!), we have special 25th Anniversary scratch coupons for you when you make a purchase (one coupon per person, per day).

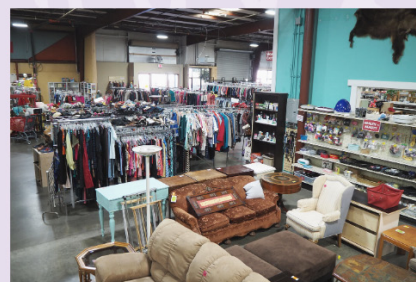
We are grateful for your support and can't wait to celebrate with some awesome deals! Thank you for making a difference for local families by shopping and donating with us.

Questions? Ask an associate or manager when you visit the store.

Celebrating 25 Years at  
Stepping Stones Thrift



Then + Now



## GRATEFUL FOR OUR SUPPORTIVE COMMUNITY!



What does it mean to give a 2023 Qualifying Charitable Organization Tax Credit donation to Stepping Stones? *It means families are able to find freedom from all forms of abuse right here in our community.*

Arizona offers a dollar-for-dollar tax credit on your AZ state return by making a monetary donation to a qualified charitable organization of any amount (NEW for 2023 - give up to \$421 filing single or \$841 filing joint). When you claim the credit using Arizona form 321, you will reduce your tax liability or increase the amount you receive in a refund.

To give, visit [www.SteppingStonesAZ.org/Donate](http://www.SteppingStonesAZ.org/Donate).

*Please check with your tax professional for information regarding donations for your specific tax situation. You can also learn more about the tax credit by visiting [azdor.gov](http://azdor.gov). Stepping Stones' official Qualifying Charitable Tax Credit code from the State of Arizona is: 20034.*

STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673



# GRATEFUL FOR OUR VOLUNTEER COMMUNITY

Our Service Superheroes are the best! We are so lucky to have awesome volunteers who give their time and talents across our agency.

Volunteering at Stepping Stones can include a variety of different activities - from helping in the thrift store to shopping for groceries for shelter to assembling domestic violence awareness month ribbons in the office. Our volunteers' help ensures that families can find safety and support from violence and abuse in our 24/7/365 advocacy services and shelter.

Below are a few notes from volunteers about why they enjoy serving at SSA and keeps them coming back! Thank you for all your hard work! If you want to get involved, call or email our Volunteer Coordinator Traci at [traci@steppingstonesaz.org](mailto:traci@steppingstonesaz.org) or 928-772-4184.



Believe in the mission & vision and I love thrift stores!!

Everyone is friendly and very welcoming. They make me feel like a part of the team.

I would say it is fun for me and rewarding. Customers are great, and working jewelry lets me interact with the regulars.

Stepping Stone is such an amazing place! A gathering of people who have wounds and needs in their lives, abused, feeling of not being loved or wanted. Just needing to find worth in their life & surrounded by people that understand & really care about helping others... because they have been there too.

Thank You - Stepping Stone & all the People & Friends I have ~~made~~ made.  
(8/20/20)

# STEPPING STONES' BOOK OF THE MONTH: BOUNDARIES - WHERE YOU END AND I BEGIN

Each month we'll feature a book or item from our 12-step recovery and inspirational bookstore! These items will be available for purchase inside our Administration Office in Prescott Valley located at: 2651 N. Industrial Way, Suite A, Prescott Valley 86314. Open Mon - Thurs 9 am - 4 pm, and Friday by appointment. Call Savannah at 928-772-4184 to learn more.

## FREE AT LAST DAILY MEDITATIONS BY AND FOR INMATES HAZELDEN PUBLISHING

Free At Last is a daily meditation book written by incarcerated individuals who are working on their recovery from addiction.

Each day features a short reflection on lessons learned by inmates as they search for and find recovery. Many of the reflections express gratitude for what they have, what they've learned, and a reminder that even while they serve time, there is always something to be grateful for and working toward each day.

One reflection shares:

*"Searching within and expressing my gratitude reminds me that the love, peace, and happiness I seek in the outside world is actually right here, right now.*

*If I express my gratitude, especially on those days when I am depressed and lonely, I realize just how much I have to be grateful for. In the end, I really don't have any excuses." - January 15, Ignacio.*

This book is a great daily meditation for someone on a recovery journey looking for hope, gratitude, and inspiration from stories of inmates on their own road to recovery.



**LOOKING FOR OTHER 12-STEP RECOVERY AND SUPPORT  
GROUP MEDALLIONS, BOOKS, GIFTS, AND MORE?**

**STOP BY OUR BOOKSTORE LOCATED AT  
2651 N. INDUSTRIAL WAY, SUITE A (INSIDE OUR ADMINISTRATION OFFICE!)  
QUESTIONS? CALL SAVANNAH AT 928-772-4184**

**STEPPING STONES ADVOCATES AVAILABLE ON OUR 24/7/365 HELPLINE 928.445.4673**

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Stepping Stones Agencies prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Stepping Stones must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities. For example, this means that if necessary, Stepping Stones Agencies must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that Stepping Stones Agencies will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. To request this document in alternative format or for further information about this policy please contact: Cori Burke at 928.772.4184. Para obtener este documento en otro formato o obtener información adicional sobre esta política, por favor llamar a Cori Burke, 928.772.4184