

DISCOVERING POTENTIAL THROUGHOUT JUNE



From building self-worth to growing in self-sufficiency, adults are working hard to create futures full of POTENTIAL and free from abuse. Adults complete an anonymous survey upon exit to provide feedback. From January 1, 2022 - March 31, 2022, those who participated shared:

100% reported they are (re)gaining control of their lives.

93% reported they know how to plan for their continued safety.

100% reported they have an increased feeling of well-being.

JUNE'S INSPIRATION: GET A SECOND CHANCE TO DISCOVER THE BEST OF YOURSELF

by Suzi Jacobson

Shelter advocate & 12-step bookstore manager

Adults and children who have experienced intimate domestic violence and sexual assault have a longing to break out of that pattern. At Stepping Stones, we've discovered that it takes more than longing for one to do that. Realizing and reaching for one's potential takes a decision to do the hard work required to break old patterns of behavior. Building new patterns and making healthy choices is just plain hard work. What is needed is a safe place to grow those new behaviors, learn new skills, and get a second chance to discover the best of yourself.

How does it happen? At Stepping Stones, we offer specific educational programs that are supportive and cover topics like recovery, relationship skills, and understanding childhood and family patterns. These groups help adults to begin taking a look

at their lives and patterns that they can then address through therapy and other supportive fellowship.

In our thrift store, we offer training and employment in a variety of ways. People who work in the thrift store have a safe environment to learn and grow as they gain valuable retail experience in receiving goods, pricing, product display, seasonal merchandising, cashiering, and the very best in customer service. We believe in second chances and we offer them regularly. We are

constantly delighted to discover hidden potential in people who had been otherwise cast off.

Second chances are all around us - there for the taking. Reaching for our own potential simply means taking the opportunity to grasp for it, no matter what age or stage of life we're in. What are you waiting for...an invitation? Consider this moment your call to move forward, make the decision, take a risk and embrace a second chance. We can't wait to see what you do!



Educational support groups happen daily in our 24/7/365 advocacy services.

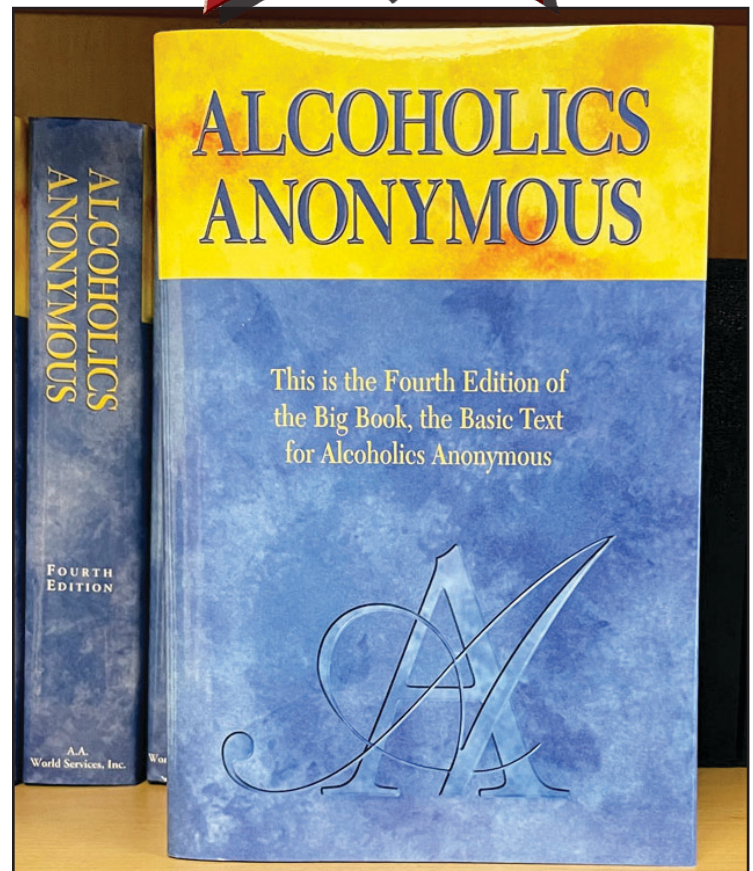
STEPPING STONES' BOOK OF THE MONTH: ALCOHOLICS ANONYMOUS - THE BIG BOOK

Each month we'll feature a book or item from our 12-step recovery and inspirational bookstore! These items will be available for purchase inside our Administration Office in Prescott Valley located at: 2651 N. Industrial Way, Suite A, Prescott Valley 86314. Open Mon - Thurs 9 am - 4 pm, and Friday by appointment. Call Suzi or Leslie at 928-772-4184 to learn more.

ALCOHOLICS ANONYMOUS THE BIG BOOK

Do you remember hearing a story, a really good story, and thinking, "Wait a minute, that could be me; I could do that." That's what happens over and over again when people hear, read and tell the stories from what's known as the Big Book of Alcoholics Anonymous. Sometimes people respond from their own personal perspective and hope blooms in their hearts as they realize, "I could get healthy like that." Maybe that's you. The problem addressed in programs and most importantly stories is that reaching for your particular potential while dragging a giant bag of dung along, tends to make your quest difficult, while the stink causes other people to scatter. That's one way to describe addiction. There are plenty more in the Big Book. The reason the Big Book has been around for over 80 years is because it contains not only a simple program to dispense with addiction, but also lots of great stories about people who thought death would be better than the life they were leading until someone came along with a story. One man came to the point where he said, "There was nothing else to live for, but I was too frightened to die." Then a sober member of AA sat down with me and told her story - how she drank, what happened, and how she got sober. No one had ever done that before." Could be there's a story for you or a loved one in those pages. Check it out!

**JUNE
SPECIAL PRICE:
\$9.50**



**LOOKING FOR OTHER 12-STEP RECOVERY AND SUPPORT GROUP
MEDALLIONS, BOOKS, GIFTS, AND MORE?
STOP BY OUR BOOKSTORE LOCATED AT
2651 N. INDUSTRIAL WAY, SUITE A (INSIDE OUR ADMINISTRATION OFFICE!)**

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