

## AUGUST IS HAPPINESS MONTH!

Happiness is a wonderful emotion, but it is so much more than just that at Stepping Stones - it's about true life change. Families at Stepping Stones work so hard to become free from victimization, shed all victim posture, and move forward to a safe, healthy future for themselves and their children. In July, our safe shelter and transition housing provided

more than 830 bed nights - that's a 92% occupancy rate. But it's not just a safe place to sleep; advocates provide hours of support for each adult and child living in shelter. Whether they are setting goals and creating a safe, stable environment to attending educational support groups, adults and children receiving advocacy services are committed to working toward happier and healthier futures.

To us, 92% occupancy is a need indicator - people who are escaping abuse need safe shelter and support in order to heal and work on living free from victimization. It makes us happy to know that we don't have to do this alone - because of YOU, we are able to serve 24/7/365. From donations to volunteering, you help make



Families in need 24/7/365 are able to find hope, happiness, and safety.



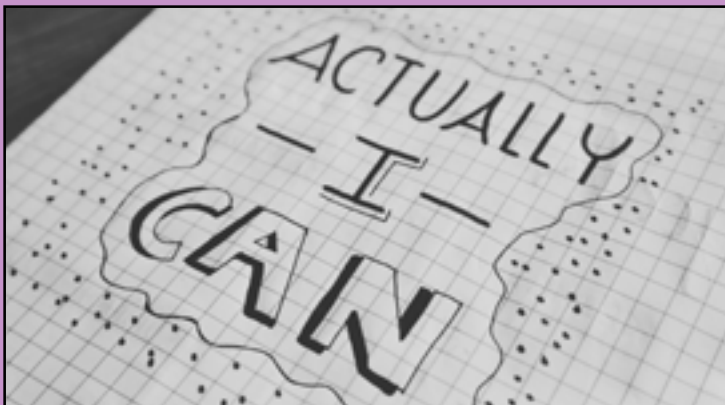
Check out our HAPPINESS buttons at our social enterprise locations! Tell us why you're HAPPY today!

for the moms and kids in our advocacy programs. Thank you for helping them find happiness again! If you or someone you know wants to find their happiness again, call our advocates 24/7/365: 928.445.HOPE (4673).

## HAPPINESS IS TRUE LIFE CHANGE FOR VICTIMS

At Stepping Stones, adults work hard to shed victim postures and create change in the areas of life they have control over. We believe that is when people can reclaim their independence and happiness! Adults in

our programs are asked to take an anonymous survey to provide feedback. In the first six months of 2018, those who participated shared:



**100%** reported they feel they are regaining control in their life.

**100%** reported they are achieving their goals.

**100%** reported their safety has improved, even after leaving safe shelter AND know how to plan for continued safety.

**97%** reported they are confident they will be free from abuse after leaving shelter.



## HAPPINESS IS FINDING THE BEST THRIFT STORE DEALS!

We're celebrating happiness all month long, and we know how much HAPPINESS can come with finding the best deals. So, we're bringing back one of our favorites to celebrate with you on **National Thrift Shop Day - Draw Your Discount!** Come by any of our three thrift store locations on August 17 and draw a special discount on your purchase at that location (some exclusions may apply)! If you're lucky, you could earn up to 50% off your purchase.

Also - don't miss our special **senior discount day** on **Friday, August 3!** Seniors 55+ can shop and receive 25% off their purchase. Ask thrift associates for details.

STEP ONE INSTITUTE



REGISTER TODAY!



CERTIFIED COMMUNITY ADVOCATE TRAINING

FRIDAY, SEPTEMBER 14 • 9 AM - 3 PM  
STEP ONE COMMUNITY CENTER CONFERENCE ROOM

COST: \$45 - INCLUDES RESOURCE BINDER & LUNCH  
REGISTRATION INFORMATION: [STEPPINGSTONESAZ.ORG/CCATRaining](http://steppingstonesaz.org/ccatraining)

QUESTIONS? CONTACT ALEXIS AT 928-772-4184.

## HAPPINESS IS HELPING OTHERS BECOME A CERTIFIED COMMUNITY ADVOCATE!

Stepping Stones' Certified Community Advocate (CCA) training is coming up on Friday, September 14! CCA is a special training opportunity designed to create a plugged-in community equipped to help those in need. More than ever, our advocates must stay up-to-date on local resources, which is one of the reasons why we believe in CCA! Join our training for only \$45 and gain

resources and referral skills. Anyone can register to attend this training, but it is especially useful for local business owners, church volunteers, and other service providers. Register today online at [steppingstonesaz.org/ccatraining](http://steppingstonesaz.org/ccatraining). If you have questions, please contact Alexis at the Stepping Stones Administration Office at 928-772-4184 or [alexis@steppingstonesaz.org](mailto:alexis@steppingstonesaz.org).

**ADVOCATES AVAILABLE 24/7/365 ON OUR HELPLINE 928.445.4673**